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**The Kryon Group
Channeled by Mario Liani**

The Kryon Group is the name Mario Liani uses to describe the loving energy of Kryon, which is not a single entity but rather a group of highly evolved beings of the angelical realms operating as a group — not as individuals — in absolute synchronicity.

Kryon is currently being channeled in several languages
by different spokespersons around the world.

Mario Liani is a channel for Kryon in the Spanish language.

ENDING AND NEW BEGINNINGS... CHANGE AND TRANSFORMATION

Channeled on December 31, 2008

I am Kryon, in Magnetic Service to all Humanity.

Oh, human... for you this is a time of ending, the perception of another year that ends and one that begins.

And that is how something that seemed to have ended begins... everything that seems to end has a new beginning in a new package.

And the illusion that a short and brief process for humanity has ended - followed by the illusion of a new beginning - what should be evident to you is that the process of change and transformation is always the same and never changes...

Dear, everything, absolutely everything that surrounds you expresses itself in contracting and expanding energies, in dynamic processes that have been in place for eons and will continue to go on, because the energy of change and transformation is what brings about the emergence of Life in every sense.

Everything and everyone are subject to it, and your "Now" is the way it is because this process never stops. The living species know it; the human being is the only one who doesn't seem to know it, because it's the only living species that doesn't live in alignment with the pulse of Mother Earth.

Gaia's heartbeat is the sound of the life around you and this heartbeat is present in all the manifestations that Life gifts you every single moment, even when you don't want to notice them. In fact, you will probably find the clues to the changes happening or about to happen in your life in everything around you. Have you allowed yourself to observe the plants around the area where you live? Have you observed what happens to the plants and animals? Have you noticed the climate changes that seem to have altered their usual patterns?

Why do you think we tell you this, dear?

Because we know that when a year period such as this comes to an end (the year 2008), you place your hopes for the best on the natural changes that could come during this time, even though such hopes are not always as objective as they should be, given the tendencies that seem to dominate. In other words, human, you are probably observing a very inclement weather, but in spite of it - and based only on the fact that the calendar is changing - you hope that with the new year, the sun will shine brightly.

Is natural to think this way, right? Of course! Since winter represents the contracting energy and summer the expanding energy. Ah! But there is one detail... The warm sun you are hoping for might not come when you want it but when "it's time." And when is time for summer? After the winter, not "any time during winter," but when the winter process comes to an end in a gradual and natural way... in other words, when "it's time."

What we are trying to say is that "there is a time for everything," just as fruit needs to go through a natural ripening process before we can eat it. Is that also a message from Mother Earth?

Gaia simply advises you to pay attention to the signs that you know from antiquity and that you base your decisions on these simple observations. In this way, you can probably avoid acting rashly, and instead you can act when you have unmistakable evidence before you.

If you are capable of studying the maturing process of the events that surround you, you will probably be able to prognosticate those events that can be prognosticated, and, in this way, you can choose the best time to enjoy the fruits that Life places in your hands.

Change and transformation are inherent processes of life's development, progress is a potential generated by the void cause by the mechanism of transformation, where the old structures are torn down to make room for the emergence of new paradigms.

Every time the annual calendar changes, such processes unavoidably occur... even though they are not what you had hoped for. The new changes emerging for you, human - and for all of you as humanity - don't always appear to be supportive.

Even though humanity is moving towards a change of paradigm, each one of you will experience and will receive from life what is stipulated in your contract (with all the established exceptions, which are unique, personal and non-transferable). Therefore, it is relevant to speak of this or that year... as well as the "famous" myth of the year 2012... because, for some of you, the year 2012 may have started already...

And that is how something that appeared to have ended begins... because everything that seems to end begins again in a new package.

With these words, we want to point out that in truth nothing really ends. In fact, the process is always the same, where everything is only transformed in a chain of cause and effect, and something that was originally the cause of something becomes the effect in the next process... nothing stops and everything is transformed - at the right time and in the right way - into that which the original cause intended.

That is why we urge you to keep in mind - when you find yourself immersed in your own process of change and transformation - to notice what the cause was of the effects you are experiencing, and if it's evident in these processes that the time between "cause and effect"

or if "the beginning of the change" and the "subsequent transformation," follow a predictable pattern, such as the pattern in the ripening process of a fruit.

Beyond the natural expectations you may have about the changes humanity is experiencing, we would like to urge you to become aware of your own personal processes. Don't worry about the external things that may seem important enough to have your attention, we urge you to try to face and live your own processes of change, and to avoid becoming ensnared is what is happening outside of yourself... In the end, your own perception of Life will bring about the possibility to lessen any emotional effects resulting from any change or transformation happening around you.

And, in spite of the changes and transformations you may experience, you will always be loved by the Spiritual family that misses you.

And so it is.

Kryon

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